Rnisarg
FOUNDATION
We serve the planet

# ANNUAL REPORT
## 2020-2021

www.rnisargfoundation.com

# MESSAGE FROM THE FOUNDER

**Dear Supporters,**

Conserving the environment is our duty and we want it to happen through behavioural change. Igniting the minds, touching the heart will help get us action through our hands.Action by Youth is crucial in the coming decade for us to survive on planet Earth. Empowering them with the right knowledge and skill set is an investment we at RNisarg foundation believe in doing. A healthy mix of short term with planned long term goals could help us reach our targets. Waste management is a large sector, working on few niche waste items has been this years focus area.

All the projects have impacts which will bring us closer to achieving the sustainable development goals. Using tools which help reach more audience, and aid in upscaling the projects with ease is aimed at. Every project vertical has ground level implementation module along with technology backup for documentation and analysis. Limitations of time, Human Resources and finance has been overcome by using all the available newer tech products.Future for any social sector enterprise lies in innovation and inclusiveness. Hence collaboration will be the way going forward.

*A **CONSTANT** EFFORT TO SERVE THE **PLANET** FOR A BETTER TOMORROW IS NEEDED SINCE WE HAVE ONLY ONE TO LIVE.*

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# INCEPTION OF RNISARG

***A smart & sustainable city is built by the active participation of its citizens, and ever growing cities need efficient resource management.***

***At RNisarg Foundation, innovative projects are designed to bring unknowingly right behavioral change in the society.***

RNisarg Foundation was started in the year 2016 by doctors who are trained to deliver the best with limited resources at disposal. Medical training and expertise in this field enabled them to analyze, prioritize and design out of the box solutions to give best results in toughest situations.

**With the vision to make cities livable, our focus areas chosen were:**

- **Waste**
- **Road safety**

Both of these issues have deep rooted connections with the planet's health and thereby human's health.

So far, RNisarg's journey to build sustainable cities has impacted more than 1,00,000 citizens and conducted 1,000 sessions in multiple cities.

Rnisarg FOUNDATION
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# RNISARG FOUNDATION

## VISION

To build sustainable cities

## MISSION

To bring in joy of living for every being

# PRESENCE

Over the years, we have expanded our presence in five cities. It is our endeavour to reach every part of the country and be a source of support in building sustainable cities!

"According to **United Nation** report, by 2030, urban population of developing countries will double. **90%** of which will be in Asia and Africa."

# PROGRAMMES

## PRARAMBH

Project 'Prarambh' was launched in the year 2018 under with a mission to educate, empower and encourage the educational institutions and students for the two major projects of RNisarg:

**•Follow the Monkey (Waste Management Project)**
**•S-Miles (Road Safety Project)**

More than **25 educational** institutions are registered under Prarambh, which is providing an outreach of **50,000 students and staff,** and a reach to **6 lakh citizens across multiple cities.**

prarambh
A local solution for a global problem

**800 TONS OF WASTE DIVERTED**

## FOLLOW THE MONKEY

A program to educate and train in managing waste responsibly every day, and everywhere. Follow the monkey helps in creating awareness and provides guidance to citizens to implement waste segregation and waste management solutions on their own.

So far, this program has been implemented in residential complexes, commercial complexes, schools, gardens and temples.

## S-MILES: SAFETY FOR MILES

A project for road safety initiated to reduce the risk of road traffic injuries and death through awareness and coordination.

All the road users like pedestrians and drivers are made aware of their commitment to safety for themselves and others.

The implementation and awareness are done through skits, pledges, posters and active participants of the citizens in the locality.

Sakhi

An initiative of RNisarg Foundation

India with its **336 MILLION** menstruating population has problems with more than 40 % women not getting access to safe and sustainable Menstrual products.

## SAKHI

Project Sakhi was launched in 2019, to promote a waste free menstrual practice and empower a woman to lead a healthy life.

With the help of the medical fraternity, it creates awareness & support women to make sustainable menstrual product choices for themselves.

Also, menstrual waste is a burning environmental issue since large numbers of women are switching to use disposal-able sanitary pads, and commercial disposable sanitary pads which are available in the market are non-biodegradable, thereby causing pollution in air, soil and water.

**300** plus awareness workshops has been conducted and more than **3000 females** from urban slums, tribal areas have been diverted towards sustainable **menstrual cups.**

Green Pharmacy

## GREEN PHARMACY

It is well known that pharmaceutical products which are made for human health should not cause harm to the environment because of unsafe disposal. The strict safety rules applied for drugs meant for human consumption should be extended to expiry drugs and its packaging too. For the safe disposal of unwanted, expired and unused medicines from households, a pilot project under Swacchta Saarathi fellowship, Govt of India is being done in Thane city.

The main objective is to safely dispose of unwanted, expired and unused medicines from households.

“With **20 bins** installed and public participation, around **250 kgs** of medicine waste has been diverted from going into the landfill.”

# FIGHT AGAINST COVID

COVID outbreak was the worst-deadliest crisis affecting lives and the economy! We lost millions of lives across the world and faced multiple long nationwide lockdowns!

RNisarg joined hands with municipal bodies to provide sanitisation support to prevent spread of virus!

“RNisarg Foundation decided to roll out a sanitation sanitation worker safety project. Over **1,000** sanitation workers supported resulting in no casualty!”

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# SUCCESS STORIES

### 5th year of Zero Waste Mahashivratri

For the last 5 years, RNisarg Foundation has been ensuring that abhishek milk is saved during the festival. Respecting the sentiments of the devotees, regular milk is substituted with diluted milk. In the past 4 years, every year more than 300 litres of milk was saved, made into mawa and distributed in old age homes, orphanages & at civil hospitals. This year respecting all COVID-19 restrictions,a no touch abhishek process was placed at Shankar Mandir, Khopat. 52 litres of milk was saved and donated to the civil Hospital kitchen for poor patients.

### Prevalence of common urogenital infections among menstrual cup users

There has been an increased awareness among girls and women in India, especially from middle and higher income groups, on menstrual cups, due to health or environmental reasons. Use of various sanitary products during menstruation can impact menstrual health with incidence of urogenital infection like rashes, irritation etc. being common among women.

An article by RNisarg, published on Indian Journal of Obstetrics and Gynecology Research

READ MORE

# TESTIMONIAL

It was an honour for Knexir Consultants through our CSR initiative to have been associated with RNisarg's Project Sakhi.
We got this opportunity to participate in your women empowerment program that distributed menstrual cups to support underprivileged women for Sustainable Menstrual Health & Hygiene.
RNisarg's visionary objective was backed by a pioneering and exemplary effort by your team of Doctors, Gynecologists & trainers who worked selflessly during the pandemic to help the community to maintain proper hygiene and a clean environment as well. We are delighted that we could be a part of this project and could contribute in a small way towards maintaining a clean environment and educating the importance of health and hygiene to the underprivileged women. We wish RNisarg all success in their future endeavors.

**Knexir Consultants**

# GOALS: 2021

- Project Sakhi :
  **2000+ URBAN WOMEN**
  **2000+ ADIVASI WOMEN**

- Project Green pharmacy
  **FROM 10,000 FAMILIES TO 1,00,000+ FAMILIES**

- Project Prarambh
  **50+ SCHOOLS IN ALL OVER INDIA**

## OVERVIEW OF GOALS

Our aim is to scale all the above projects for larger impact with the help of collaborations and technologies.

# SUPPORTERS

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महाराष्ट्र प्रदूषण नियंत्रण मंडळ

Uplifting family through better health of women
COGS

SAFAI BANK
OF INDIA

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Ms. Mankind Pharma Limited
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Narrayanan sundaresan usha
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Nidhi chawla
Nikhil Vasudev Balakrishnan Nambiar
Nirmala
Nupur
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Sanjay N
Sankalp Kelshikar
Sanmitra Mallick
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Sharang Ravindra Wartikar
Shashikala Sidhaye
Shilpa Kumbhar
Shirley Ranjan Mhatre
Shivani
Shobana chawla
Shreya
Siddharth Shankaran
Siddhi Suhas Desai
Smita M
Snehal Basrur
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Sohini Andani
Sridevi K
Sudeepto Deb
Sujaya Jacob
Sumeru Hathiramani
Sumit Patil
Sumita Suhas Desai
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Sundaresan N
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TecMec Enginers
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Uday shah
Umesh Madhusudan
Uttara Chandrashekhar Modak
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Venkat
Venkateshwaran Naras
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Vishwanath
Vivek Dayaram Dhule
Yashwant
Yogita Rajendra Sawale
Zuben
Zuventus healthcare Ltd.

# FINANCIALS

## SCHEDULE VIII

| FUNDS & LIABILITIES | Rs. | Rs. | PROPERTY AND ASSETS | Rs. | Rs. |
|---|---|---|---|---|---|
| Trusts Fund or Corpus : | | | Immovable Properties : (At Cost) | | |
| Balance as per last Balance Sheet | 2,65,011.00 | | Balance as per last Balance Sheet | - | - |
| Adjustment during the year (give details) | | | Additions during the year | | |
| : Corpus Donations | - | | Furniture & Fixture | 3,065.00 | |
| : Membership fees | - | | Less : Sales during the year | - | |
| Other Earmarked Funds : | - | 2,65,011.00 | Depreciation up to date | 307.00 | 2,758.00 |
| (Created under the Provisions of the trust deed or scheme or out fo the Income) | | | Plant & Machinery | 15,044.00 | |
| | | - | Additions during the year | - | |
| | | - | Less : Sales during the year | - | |
| Depreciation Fund | | - | Depreciation up to date | 2,257.00 | 12,787.00 |
| Reserve Fund | | - | Investments : | | |
| Any Other Fund | | - | Fixed Deposit | | 1,51,347.00 |
| Loans (Secured or Unsecured) | - | | Current Assets: | | |
| From Trustees | - | | Deposits | | |
| From Others | - | - | Loans (Secured or Unsecured) : | | - |
| | | | Loans Scholarships | | - |
| Liabilities For : | | | Others : PayU Commission | | - |
| Sundry Creditors | 2,103.00 | | Prepaid Expenses | | 18,561.40 |
| Salary Payable | 51,610.00 | | | | |
| TDS Payable A.Y. 21-22 | 650.00 | | Advances : | | |
| Advance Received | 8,000.00 | | To Trustees | - | |
| Advance for Exp | 76,072.00 | 88,435.00 | " Contractors | 13,086.60 | |
| | | | " Balance with Tax Authorities | 3,400.00 | 16,486.60 |
| Income and Expenditure Account : | - | | | | |
| Balance as per last Balance Sheet | (1,44,388.29) | | Cash & Bank Balances : | | |
| | | | Cash in Hand | | |
| Less : Appropriation, if any | - | | (a) S.B.A/c with TDB | 6,19,421.91 | |
| | | | (b) With the Trustee (Cash) | 6,243.00 | |
| Add : Surplus as per Income and Expenditure a/c | 6,18,547.20 | | (c ) Cheques in Hand | - | - |
| Less : Deficit Expenditure Account | - | 4,74,158.91 | | - | 6,25,664.91 |
| | | 8,27,684.91 | | | 8,27,684.91 |

## SCHEDULE IX

| FUNDS & LIABILITIES | Rs. | Rs. | PROPERTY AND ASSETS | Rs. | Rs. |
|---|---|---|---|---|---|
| Trusts Fund or Corpus : | | | Immovable Properties : (At Cost) | | |
| Balance as per last Balance Sheet | 2,65,011.00 | | Balance as per last Balance Sheet | - | - |
| Adjustment during the year (give details) | | | Additions during the year | | |
| : Corpus Donations | - | | Furniture & Fixture | 3,065.00 | |
| : Membership fees | - | | Less : Sales during the year | - | |
| Other Earmarked Funds : | - | 2,65,011.00 | Depreciation up to date | 307.00 | 2,758.00 |
| (Created under the Provisions of the trust deed or scheme or out fo the Income) | | | Plant & Machinery | 15,044.00 | |
| | | - | Additions during the year | - | |
| | | - | Less : Sales during the year | - | |
| Depreciation Fund | | - | Depreciation up to date | 2,257.00 | 12,787.00 |
| Reserve Fund | | - | Investments : | | |
| Any Other Fund | | - | Fixed Deposit | | 1,51,347.00 |
| Loans (Secured or Unsecured) | - | | Current Assets: | | |
| From Trustees | - | | Deposits | | |
| From Others | - | - | Loans (Secured or Unsecured) : | | - |
| | | | Loans Scholarships | | - |
| Liabilities For : | | | Others : PayU Commission | | - |
| Sundry Creditors | 2,103.00 | | Prepaid Expenses | | 18,561.40 |
| Salary Payable | 51,610.00 | | | | |
| TDS Payable A.Y. 21-22 | 650.00 | | Advances : | | |
| Advance Received | 8,000.00 | | To Trustees | - | |
| Advance for Exp | 76,072.00 | 88,435.00 | " Contractors | 13,086.60 | |
| | | | " Balance with Tax Authorities | 3,400.00 | 16,486.60 |
| Income and Expenditure Account : | - | | | | |
| Balance as per last Balance Sheet | (1,44,388.29) | | Cash & Bank Balances : | | |
| | | | Cash in Hand | | |
| Less : Appropriation, if any | - | | (a) S.B.A/c with TDB | 6,19,421.91 | |
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| Less : Deficit Expenditure Account | - | 4,74,158.91 | | - | 6,25,664.91 |
| | | 8,27,684.91 | | | 8,27,684.91 |

**Dr. Lata Ghanshamnani**

MS, DNB,DOMS
Ophthalmologist

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**Dr. Leena Kelshikar**

MBBS,DA, Anesthesiologist

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**Mrs.Veena Angadi**

M.Sc,MPhil (FRM)
PG Diploma in Yoga

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# THE BACKBONE OF RNISARG

Meet our team of passionate beings who are enthusiastic about making a difference. Thank you team!

Playing your role diligently, especially during the pandemic, makes us proud.

- AMBILY ADITHYAN
- KRUTADNYATA KAMBLE

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support@rnisargfoundation.com

+91 9820012496

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